

Co-operation & Teamwork

A parent resource pack for children aged 4-6.



1 Explanation for Parents

Working together with others is an important life skill for young children.

Whether they are building something, playing a game or completing an activity at school, children often need to cooperate with others to achieve a shared goal.

For young children, teamwork is still a developing skill. At this stage, children are learning how to take turns, listen to other ideas and share responsibilities.

When children learn cooperation and teamwork, they begin to understand that working together can help everyone succeed.

2 Co-operation and Teamwork

Co-operation means working together with others to achieve something.

For young children, co-operation may include:

- ...sharing toys or materials
- ...taking turns during activities
- ...listening to others' ideas
- ...helping a friend complete a task

Children sometimes find teamwork challenging because they are still learning how to manage their own ideas and emotions.

For example, two children might both want to lead a game or decide how something should be built.

These moments provide opportunities for parents and teachers to guide children toward cooperation by showing them that everyone's ideas matter.

When children experience successful teamwork, they begin to understand that working together can create something even better than working alone.



3 A child-friendly explanation

You can explain teamwork like this:

“Teamwork means helping each other”

When people work together, they share ideas and help each other finish a job.

Sometimes one person builds something, another person brings the tools.

Another person adds decorations.

When everyone helps, the job becomes easier and more fun.

4 A Short-Story Scenario

One day at school, children were building a big sandcastle in the playground but everyone had different ideas.

One child wanted tall towers.

Another wanted a moat around the castle.

Another wanted a bridge.

At first, everyone tried to build their own idea and soon the castle started falling apart.

Then one child said “Let’s work together.”

Some children built towers.

Some dug the moat.

Some made the bridge.

When they finished, the castle was bigger and better than anyone expected. Working together helped everyone succeed.



5 Conversation Questions

You can talk with your child about teamwork by asking questions such as:

- Have you ever worked with a friend to build something?
- What happens when people work together?
- What can we do if two people have different ideas?
- How can we help someone in our team?
- How does teamwork make activities easier?

These questions help children think about cooperation in everyday situations.



6 Practical Activity

Build Together Challenge

This activity helps children practice teamwork.

Step 1: Choose a building activity

You can use blocks, LEGO or household items.

Step 2: Work together

Build something together such as:

- ...a tower
- ...a bridge
- ...a house

Step 3: Share responsibilities

One person gathers materials.

One person plans the layout.

One person builds.

Step 4: Talk about teamwork

Ask your child how it felt to build something together.

7 Real-Life Examples

Children can practice teamwork in many situations.

Examples include:

At school

Working together on group activities.

During playtime

Building structures or playing team games.

At home

Helping with household tasks such as tidying toys or setting the table.

During sports

Supporting teammates and sharing responsibilities.

These experiences help children learn that cooperation makes tasks easier and more enjoyable.

8 Reflection Activity

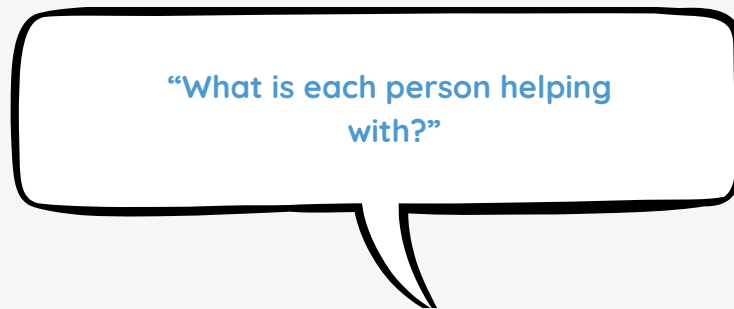
Draw Your Team

Ask your child to draw a picture of a team working together.

It could be:

- ...children building a sandcastle
- ...friends playing a team game
- ...family members cooking together

Ask your child:



This helps children understand that teamwork involves everyone contributing.



9 Preparing for your personalised Empathy Adventure

In the Empathy Adventures story ‘The Great Sandcastle Team’ your child becomes the main character helping friends work together to build a giant sandcastle.

In the story, your child:

- ...notices that everyone has different ideas
- ...helps organise the group
- ...encourages co-operation
- ...shows how teamwork creates something amazing

Seeing themselves in the story helps children understand how their actions can help people work together.



Empathy
Adventures®

About Empathy Adventures

Empathy Adventures helps children learn kindness, understanding and emotional awareness through personalised stories where they become **the hero of the lesson!**

Each adventure helps children practice important life skills such as:

- Understanding others
- Managing emotions
- Encouraging friends
- Working together
- Forgiving mistakes
- Showing kindness and compassion