



10 Storytime Success Tips

A quick reference for parents and carers
to make each Neuro story session calm,
engaging and effective.



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1 Keep it short

5-15 minutes is enough. Short, frequent sessions help your child stay focused and positive.

2 Start with calm

Begin when your child is rested, fed and relaxed. Avoid rushing or trying to multitask.

3 Prepare the safe

Soft lighting, minimal background noise and familiar comfort items make the environment safe and predictable.

4 Use simple language

Explain what's happening in plain, kind sentences: "We'll watch a short story about Neuro and bedtime."

5 Reduce sensory load

Lower volume, use captions if helpful, and avoid visual clutter on the screen.

6 Model Calm

Watch together the first few times. Model slow breathing and a calm tone when Neuro does the same.

7 Follow Your Child's Lead

Pause or stop if they lose interest.
Engagement will build naturally over time.

8 One Prompt, One Praise

Ask one short question “What did Neuro do when he felt worried?” then offer one specific praise “You noticed how Neuro stayed calm!”.

9 Connect it to Real Life

Link story lessons to everyday routines:
“Like Neuro, we can count to three when it's noisy.”

10 Repeat for Comfort

Repetition builds confidence. Rewatch the same story several times before moving on.



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